



Indigenous Services
Canada

Services aux
Autochtones Canada



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To All Chiefs and Councils of First Nations in Saskatchewan:

Subject: Guidance on COVID-19 measures for the fall

Despite the very warm weather we have been experiencing, fall is very near and with it may come a resurgence of COVID-19. It is important to remember **the pandemic is not yet over**. The variants currently circulating are very contagious and require vigilance by everyone to keep from spreading throughout our communities. In the last few weeks, we have been asked to provide specific guidance on what communities and their businesses and organizations can do limit such spread.

While we recognize that all Public Health Orders have been lifted, there are a few specific things that we strongly recommend be done to help keep your families and neighbours safer.

1. Anyone with symptoms of colds, flu or COVID-19 should stay home until 48hours after the symptoms have resolved.
2. Wear a tight-fitting mask whenever it is impossible to keep 2 m or 6 feet between people, particularly indoors or at crowded outdoor events. Offices or businesses that serve the public may ask that employees who serve the public face-to-face be encouraged to wear masks so that the elderly or others at risk feel more comfortable.
3. Encourage all employees to use take-home rapid antigen test twice a week for all household members. Anyone testing positive should isolate for five days and stay home until they are symptom free.
4. Encourage all community members to get COVID-19 vaccinations – two original doses and two boosters for adults.
5. Staff and visitors to care homes and health facilities should be wearing masks at all times.

These simple things can make a huge difference in keeping our communities healthy. If you have follow-up questions or specific situations to discuss, please contact your local Community Health Nurse.

Respectfully,

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